

We Need You

Ongoing projects include but are not limited to:

- *Tobacco Youth Purchase Survey
- *Undercover Alcohol Minor Decoy Operation (in conjunction with local law enforcement)
- *Smoke Free Park Advocacy (with local city staff and elected officials)
- *Annual Safe and Sober Youth Press Event
- *Neighborhood Health Fairs
- *Youth Development Institute (youth leadership training)
- *Peer Anti-Drug and Alcohol Campaigns



Youth hard at work

You Win!

- *Leadership Opportunities
- *Public Speaking Training
- *Community Service Hours
- *Conferences and Trips
- *Networking Opportunities
- *Gift Certificates
- *Refreshments
- *New Friends
- *Letters of Reference
- *And Much More!

How to Get Involved

Contact:
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**COMMUNITIES
AGAINST
SUBSTANCE
ABUSE**



Communities Against Substance Abuse (CASA)

Presents
A Public Health Internship
Program



"Students Together Against Alcohol 'N Drugs is committed to ensuring healthier communities through substance abuse prevention"

Phone: (619) 442- 2727
Web site: www.drugfreesandiego.org

STAAND

Students Together Against Alcohol 'N Drugs (STAAND) is designed to reduce health risks associated with youth access to alcohol, tobacco and other drugs. Members are ethnically diverse high school students who act as youth advocates by researching issues, collecting data, making presentations before policy-making and community audiences, and formulating and implementing prevention activities. Through one or more years of public health internship experience, a diverse pool of students from the Grossmont Union High School District take action and develop advocacy strategies to address specific substance abuse issues affecting District youth. Each year, new and continuing STAAND members bring their unique skills and experience to the public health interventions.



11th Annual Safe and Sober Youth Journalist Press Conference

Accomplishments

For more than ten years, CASA has engaged youth in building healthy substance abuse free communities. The first youth group was formed in the early nineties and identified as the Youth Leadership Council. In 2000, the Youth Leadership Council evolved into a group known today as Students Together Against Alcohol 'N Drugs (STAAND). Students serve as public health interns focusing on substance abuse prevention and related issues through leadership training, community activism, and policy development and media advocacy.

Projects Include:

Annual Safe and Sober Youth Journalism Press Event

Great American Smoke Out

Youth Development Institute

Smoke-Free Campus at Sharp Grossmont Hospital

Kids Care Fest

Addressing the consequences of secondhand smoke and its effect on the public health of East County residents

City of La Mesa adopted Smoke Free Parks Ordinance

City of El Cajon adopted Smoke Free Parks Ordinance

City of El Cajon adopted Tobacco Retailer Licensing

Youth Purchase Surveys to reduce the availability of tobacco to youth

Youth As Prevention Advocates

Public health interns learn how they can create healthier and substance abuse free communities. By accessing the news media youth are able to address issues surrounding alcohol, tobacco, drug and other substance abuse. Youth also learn to be effective spokespersons on issues affecting their communities.

Youth As Health Educators

Members learn how to document substance use and abuse via data collection, research and participation in environmental and other federally-approved prevention strategies. These include: youth purchase and opinion surveys, key informant interviewing, focus groups and other strategies designed to address community risk factors.

Youth Journalists

In collaboration with journalism advisors students produce compelling stories about tobacco, alcohol and drug abuse, and the documented link to crime, violence and other social ills. STAAND encourages members to probe beyond the traditional "who, what, when, where and why" and to explore root causes of substance abuse that lead to society's "bad, news."

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